

Module 2 Actions

Purchasing Tools

1. Work with the intuitive tools you might already have, and see if it feels any different doing so.
2. Go to a shop and purchase yourself a pendulum, and oracle cards, and write about the experience. (there are links in the "supplementary info" section to the deck I usually teach with, as well as where to purchase a finger labyrinth if you like.)

Continuing with your Bubble of Safety

3. Continue going to your Bubble of Safety with questions and decisions. Bring your intuitive tools with you into your bubble, and work to understand what the answers they are giving you truly mean.
4. Write about any breakthroughs or shifts you may feel using these in your Bubble.

Expanding your Bubble

5. Begin connecting to the feeling you get inside your Bubble when you are not in it. I want you to explore the sensation of connectedness in your normal waking life, in a place you often are. Be that your car, a coffee shop, or out in nature. Take the feelings and experiences you wrote about as you began to familiarize yourself with Bubble in module one, and continue working with your tools outside the bubble you created.

*Note: your writing is required for your certification process



Rev. Michelle Scrimgeour-Brown

www.SpiritedHealing.ca

